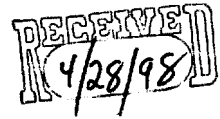




CELESTIAL SEASONINGS, INC.

4600 Sleepytime Drive, Boulder, 0380301-3292 USA (303) 530-5300

7 8 4 5 '98 MAY 11 P1 :47



April 16, 1998

Office of Special Nutritionals
HFS 450
200 C. Street SW
Washington, DC 20204

As per Section 6 of the Dietary Supplement Health and Education Act of 1994, I respectfully submit the following information:

Name and address:

Celestial Seasonings, Inc.
4600 Sleepytime Drive
Boulder, CO 80301-3292

Text of Statement(s):

- . Sleepytime Extra Ultimate Blend is a comprehensive formula that provides a gentle way to support a natural, restful night's sleep.
- . Our unique formula contains the right ingredients to soothe you at bedtime.
- . A natural, soothing blend for restful sleep.
- Valerian supports restful sleep.
- . Kava kava soothes and calms you.
- . Chamomile and lemon balm support natural relaxation.

Ingredient statement:

Calcium, magnesium, potassium, valerian extract, kava kava extract, lemon balm, chamomile extract, rice flour, magnesium stearate, methylcellulose and natural mint extract.

Name of dietary supplement (including brand name):

Celestial Seasonings™
Sleepytime Extra Ultimate Blend

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LE 71576

I hereby certify that the information contained in the above notice is complete and accurate, and that Celestial Seasonings, Inc. has substantiation that the statements are truthful and not misleading.

Sincerely,

A handwritten signature in black ink, appearing to read "Mike Gross". The signature is fluid and cursive, with the first name "Mike" and last name "Gross" clearly distinguishable.

Mike Gross,
Technical Services Manager